Companions in Christ: A Small-Group Experience in Spiritual Formation

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This spiritual formation guide processes key themes of Juddâ€™s text through spiritual reflections and practices. Its purpose is to serve as an experiential spiritual formation resource for individuals or. A companion guide. How to Use This Guide. This resource can be used as an individual or small group spiritual practice guide for lifelong discipleship formation. How might experiencing the Spirit in community deepen your response to Christâ€™s mission? Write a prayer of blessing for communities of people who sense Godâ€™s call to be more fully formed into the likeness of Christ. Ask the Spirit to anoint and shape you for mission. 5 Facets in Spiritual Formation. Use these steps to begin to let Christ form you. John R. Throop. Finally, in all spiritual formation and development, it is important to remember that spiritual formation does not propel us on a journey. A journey is an exploration without a destination. The joy of the journey is in the exploration and discovery along the way. Often Bible study guides or books can help us gain a greater understanding of the setting of the text and ways to apply its teachings today. A more “right-brained” approach is to read a text to hear how it “resonates” with our inner life and personal experience. There are inductive study and reflection tools that ask questions to help us open up to experience the Spirit of God in the words of Scripture. I use it with small group spiritual formation (12 or less). It covers various spiritual practices. Excellent for beginners, but is also very helpful for those who need a boost. Read more. This book offers a powerfully renewing experience that builds spiritual practices to help readers share more fully in the life of Christ and to bring what is learned into all areas of church life. This twenty-eight-week spiritual journey will draw readers into daily time with God through individual reading and reflection and will gather individuals weekly with others in a faith community for deeper exploration. This book provides diverse, imaginative settings for learning the spiritual disciplines of prayer, scripture, deepest thoughts and longings and recalling where God has been especially present. Leader's guide: a small-group experience in spiritual formation. Item Preview. Renewable every hour, pending availability. More info. Log In and Borrow. Get print disability access. > Preview. Publisher. Nashville: Upper Room Books. Collection. inlibrary; printdisabled; internetarchivebooks. Members of your small group look to you for answers. They bring their raw questions and intimate needs to you, looking for wisdom and understanding. Field-tested through the author's years of experience, Small Group Leadership as Spiritual Direction will help you:- Avoid common small-group pitfalls- Take on difficult questions- Speak Godâ€™s words into othersâ€™ lives- Deepen your groupâ€™s desire for GodThe exciting discipline of spiritual direction allows you to create a space in which the Holy Spirit can move among your group. As you begin to discern Christâ€™s call in the lives of others, you will see your ministry with a new perspective and uncover new ways to direct your group, not just lead it.